#### **CURRICULUM VITAE**

## SHAHRZAD M. LARI, M.D.

# I. PERSONAL INFORMATION

Date of Birth: May 3, 1974

Place of Birth: Mashhad, Iran

Citizenship: Iranian

Gender: female

Home address and telephone: # 2/99, Asrar-Gharbi Ave, Koye-Doctora, Mashhad

91836-33871, Iran; Tel: 98 (513) 8452146; cellphone: 98 (915)110 5824;

Fax: 98 (513) 8431252.

Professional address and telephone: Lung disease Research Center, Mashhad University

of Medical Sciences (MUMS), Mashhad, Iran; Tel: 98 (513) 8012416

Language proficiency: Persian, English, French

E-mail: larish@mums.ac.ir

larish851@yahoo.com

## II. PRESENT ACADEMIC RANK AND POSITION

Associate Professor of Pulmonology

Head of Lung disease Research Center

Mashhad University of Medical Sciences (MUMS),

Mashhad, Iran

Tel: 98 (513) 8012416

## **III. EDUCATION (Include degrees and dates.)**

Fellowship: Interventional Bronchoscopy

May 2010-Jan.2011, Foch Hospital, Paris, France

Subspeciality: Pulmonology

November 2006-November 2008, Mashhad University of Medical Sciences

Residency: Internal Medicine, September 2001- September 2005

Mashhad University of Medical Sciences

Medical School:

Degree: Doctor of Medicine diplom, September 1992- September 1999

Medical Faculty, Mashhad

## **IV. BOARD CERTIFICATION**

Iranian Board Certificate of Pulmonolgy September 2008.

Iranian Natianal Board Certificate of Internal Medicine, September 2005

## V. Academic & Administrative Activities

Associate Professor of Pulmonology (from 2014)

Assistant Professor of Pulmonology (2009-2014)

Head of Lung Disease Research Center (2014 to present)

Member of Lung diseases and tuberculosis research center (2008 to present).

Assistant Editor of Journal of Cardio-Thoracic Medicine (2013 to present)

Member of European Respiratory Society (ERS) (2008 to present).

Member of American Thoracic Society (ATS) (2008 to present).

Member of Education Developmental Office (EDO), Mashhad University of Medical Sciences (2009 to present).

Member of Research Committee of Internal Medicine, Mashhad University of Medical Sciences (2009 to present).

Secretary of Student's Research Committee, Mashhad University of Medical Sciences (2002-2005)

#### VI. AWARD

The best oral presenting author in "Bu-Ali Research Festival", Mashhad University of Medical Sciences. December 2009, Mashhad, Iran.

Baharvahdat H, Lari SM, Etemadrezaee H, Shariati Z. The effect of fresh frozen plasma in preventing delayed intracranial hematoma in severe head injury. NNS 2004 student abstract competition, Sandiego, California, October 21-22, 2004

#### VII. BIBLIOGRAPHY

## A.Book:

- 1. Lari MM, Lari SM, Hosseini FF(eds): HIV / AIDS Infection. Beh Nashr Co. 2003 (farsi).
- 2. Lari SM., Attaran D., Towhidi M. (2012). COPD due sulfur mustard (Mustard lung). In: OngKC (Ed.), Chronic obstructive pulmonary disease- Current concepts and practice (pp.231-238). Croatia: InTech.

#### B. Journals

- 1. Lari SM, Ghobadi H, Attaran D, Mahmoodpour A, Shadkam O, Rostami M. COPD assessment test (CAT): simple tool for evaluating quality of life of chemical warfare patients with chronic obstructive pulmonary disease. Clin Respir J. 2014 Jan;8(1):116-23. (ISI, IF=2.19)
- 2. Rokni YH, Lari SM, Attaran D, Ayatollahi H, Mohsenizadeh A. The serum levels of adiponectin and leptin in mustard lung patients. Hum Exp Toxicol. 2014 Jun;33(6):574-81. (ISI, IF=1.453)
- 3. Khosravi Khorashad A, Salari S, Baharvahdat H, Hejazi S, Lari SM, Salari M, Mazloomi M, Lari SM. The assessment of undergraduate medical students' satisfaction levels with the objective structured clinical examination. Iran Red Crescent Med J. 2014 Aug;16(8):e13088. (ISI, IF=0.40)
- 4. Ghobadi H, Lari SM, Pourfarzi F, Mahmoudpour A, Ghanei M. The effects of atorvastatin on mustard-gas-exposed patients with chronic obstructive pulmonary disease: A randomized controlled trial. J Res Med Sci. 2014 Feb;19 (2):99-105.(ISI, IF=0.608)
- 5 Asnaashari A, Sadrizadeh A, Ahmadi H, Meshkat M, Gholoobi A, Rezai Talab F, Aamini M, Hosseini ASH, Attaran D, Tohidi M, Lari SM, Basiri R, Nabavinia MS, Rostami S, Meshkat Z. The study of Mycobacterium tuberculosis in Iranian patients with lung cancer. Jundishapur J Microbiol.2013;6(3):237-41.(ISI, IF=0.780)
- 6 .Lari SM, Gonin F, Colchen A. The management of bronchus intermedius complications after lung transplantation: a retrospective study. J Cardiothorac Surg. 2012 Jan 20;7:8. .(ISI, IF=1.018)

- 7.MirsadraeeM,GhobadimaralluH,KhakzadMR,LariSM,AttaranD,TowhidiM,Khajedalou ee M,Jafarian AH.Level of eosinophil cationic protein in sputum of chemical warfare victims. Iranian Journal of Basic Medical Sciences .2011; 14:249-255. .(ISI, IF=0.608) 8.Attaran D, Lari SM, Towhidi M, Marallu HG, Ayatollahi H, Khajehdaluee M, Ghanei M, Basiri R. Interleukin-6 and airflow limitation in chemical warfare patients with chronic obstructive pulmonary disease. Int J Chron Obstruct Pulmon Dis. 2010 Oct 5;5:335-40. .(ISI, IF=2.62)
- 9. Attaran D, Lari SM, Khajehdaluee M, Ayatollahi H, Towhidi M, Asnaashari A, Marallu HG, Mazloomi M, Mood MB. Highly sensitive C-reactive protein levels in Iranian patients with pulmonary complication of sulfur mustard poisoning and its correlation with severity of airway diseases. Hum Exp Toxicol. 2009; 28: 739-45.(ISI, IF=1.453)
- 10 .Haghi Z, Towhidi M, FattahiH, Lari SM. Right paratracheal air cyst (Tracheal Diverticulum). Respiratory Care 2009 Oct;54(10):1409-11.(ISI, IF=1.52)
  11.Etemadrezai H, Baharvahdat H, Shariati Z, lari SM, Shakeri MT, Ganjeifar B.
  Theeffect of fresh frozen plasm in severe closed head injury. Clin Neurol Neurosurg 2007; 109: 166-71.
- 12. Saghafi M, shirdel A, Lari SM. Extramedullary hematopoiesis with spinal cord compression in beta-thalassemia intermedia. Eur J Intern Med 2005; 16: 596-7 .(ISI, IF=1.04)
- 13. Lari SM, Attaran D, Tohidi M. Improving communication between the physician and the COPD patient: an evaluation of the utility of the COPD Assessment Test in primary care. Patient Relat Outcome Meas. 2014 Nov 10;5:145-52. (Pubmed)
- 14. Rezaeetalab F, Aryana K, Attaran D, Bagheri R, Nattagh F, Lari SM. The role of octreotate scan in discrimination of solitary pulmonary nodule. World J Nucl Med.2014 Jan;13(1):46-9. (Pubmed)
- 15. Ghobadi H, Sadeghieh S, Kameli A, Lari SM. The Relationship between COPD Assessment Test (CAT) Scores and Severity of Airflow Obstruction in Stable COPD Patients. Tanaffos 2012; 11(2): 22-26. (Pubmed)

- 16.Attaran D,Khajehdaluee M,Ahmadi F,Rezaeitalab F,Towhidi M,Asnashari A,Babaeian M,Rezaei S, Lari SM.Anemia in COPD patients and its relation to serum levels of erythropoietin.Tanaffos 2009;8:11-16. (Pubmed)
- 17..Lari MM, Shirdel A, Ajami R, Ghiassi T, Lari SM: Malignant lymphoma of the uterus: report of a case and literature review. Medical Journal of the Islamic Republic of Iran 2000; 13: 315319. (Pubmed)
- 18.Lari MM, Farid R, Rafeie A, Esfahanizadeh P, Motherjam B, Lari SM.Primary tumors and cysts of the mediastinum in khorasan, North east of Iran.IRCMJ 2001;3: 26-29. (Pubmed)
- 19.KhosraviKhorashad A, Nohesara N, SharifianRazavi M, Saadatnia H, Vossooghinia H, Saghafi M, Esmaili H, Lari SM. Evaluation of Osteoporosis in Patients with Non-alcoholic Liver Cirrhosis.Govaresh. 2013;17(4): 254-260.
- 20 .Khosravi A,Towhidi M,Vosoughinia H,GhaffarzadehganK,Lari SM, Tavakkoli T. A Case Report of Pegylated Interferon and Bronchiolitis Oblitrans with Organizing Pneumonia. Govaresh 2012; 17:125-128.
- 21 .Vossoughinia H, Khaosravi A, Saadatnia H,...,Lari SM,...The effect of Lactobascillus Acidofilus in habitual constipation of adults( A pilot study).Govaresh 2008;13:157-161(farsi).
- 22.Basiri R, Jafarian AH, Karimi M, SM Lari, Haghgoo SM. Expression of Epidermal Growth Factor Receptor and the association with Demographic and Prognostic Factors in Patients with Non-small Cell Lung Cancer. J Cardiothorac Med. 2015; 3(2):297-302.
- 23. Rezaeetalab F, Zeraati A, Fadaeian AM, Akbarirad M, Azami Gh, Lari SM, Asnaashari AMH. Spirometric Parameters: Hemodialysis Compared to Peritoneal Dialysis. J Cardiothorac Med. 2015; 3(2):293-296.
- 24.Lari SM, Ghobadi H, Kazemzadeh A, Attaran D, Shadkam O, Mahmoodpour A, JavidArabshahi Z. The Significance of BODE (BMI, Obstruction, Dyspnea, Exercise) Index in Patients with Mustard Lung. J of Cardio-Thoracic medicine 2013;1(1):7-11. 25.Hadizadeh ZT, Lari SM, Basiri R, Towhidi M, Attaran D, Asnaashari A, Javid-Arabshahi Z. The Diagnostic Values of Protein to Lactate Dehyrogenase Ratio in Serum and Pleural Fluid in Exudate Pleural Effusions. J Cardio-Thoracic Medicine 2013;1(2):41-46.

- 26. Lari SM. Comment on "Computed Tomography Imaging Findings in Chemical Warfare Victims with Pulmonary Complications". J Cardio-Thoracic Medicine 2013;1(2):71.
- 27. Lari MM, Khosravi A, Shirdel A, Ghiassi T, Lari SM: A case report of gastric carcinoid. Medical Journal of Mashhad University of medical Sciences 2000; 43: 118-125 (farsi).
- 28.Attaran D,Towhidi M,Asnaashari A,Khajehdaluee M,Aghasizadeh M, Lari SM. Evaluation of body mass index & albumin in patients with COPD.Medical journal of Mashhad University of Medical Sciences 2008;51:155-158 (farsi).
- 29. Rezaeetalab F, Attaran D, Lari SM, Basiri R, Ghofraniha L, Dehestani V. The Evaluation of Diastolic Hypertension in Sleep Overlap Syndrome. J Cardiothorac Med. 2015; 3(1):259-262.
- 30. Lari SM, Attaran D, Rokni Yazdi H, Towhidi M, Shadkam O, Asadi A, Khajehdaluee M, Ayatollahi H, Ghayour-Mobarhan M. Metabolic Syndrome in Chemical Warfare Patients with Chronic Obstructive Pulmonary Disease. J Cardiothorac Med. 2014; 2(4):231-237.
- 31. Ghobadi H, Lari SM, Amani F, Habibzadeh Sh, Karimi A H, Pourfarzi P. The Impact of Treatment on Serum Level of Procalcitonin in Patients with Active Pulmonary Tuberculosis. J Cardiothorac Med. 2014; 2(4): 238-242.
- 32. Vakilian F, Attaran D, Shegofte M, Lari S, Ghare S. Assessment of Thyroid Function in Idiopathic Pulmonary Hypertension. Res Cardiovasc Med. 2016 Mar 5;5(2):e29361.(Pubmed).

## **C.** Congress Presentations:

- 1. Extramedullary Haematopoesis with spinal cord compression in  $\beta$ -thalassemia intermedia. The 4th international congress of hematology and Oncology, 2004 (poster presentation, abstract published in the seminar bulletin) (farsi).
- 2. The effect of fresh frozen plasma in preventing delayed intracranial hematoma in severe head injury. NNS 2004 student abstract competition, October 21-22, 2004, Sandiego, California.
- 3. Highly sensitive CRP: Is it a predictor of airway disease in mustard lung patients?

E-communication presentation, ERS congress, Sep. 2009, Vienna, Austria.

- 4. Health related quality of life in mustard lung patients. Poster presentation, ERS Congress, Sep. 2009, Vienna, Austria.
- 5. Comparisons of the eosinophil cationic protein (ECP) levels and eosinophil counts in sputum of mustard lung disease (MLD) and normal subjects. Poster presentation, ERS congress, Sep. 2009, Vienna, Austria.
- 6. IL-6 and airflow limitation in Mustard Lung patients. Oral Presentationn.4 th International Iranian Congress of Pulmonary Disease in Collaboration with ERS,October 2009, Tehran, Iran.
- 7. Comparative evaluation of CA-125, CA 19-9, CA 15-3 and CEA in exudative benign and malignant pleural effusion. E-communication presentation, ERS congress, Sep.2010, Barcelona, Spain.
- 8. Comparison the frequency of human T-lymphocyte type 1 (HTLV 1) infection in tuberculosis patients with control group without tuberculosis. Poster presentation, ERS congress, Sep.2011, Amsterdam, The Netherlands.
- 9. The effects of atorvastatin in mustard gas exposed patients with chronic obstructive pulmonary disease: A randomized controlled trial. Poster presentation, ERS congress, Sep. 2012, Vienna, Austria.
- 10. The performance of COPD assessment test (CAT) in mustard lung patients. Poster presentation, ERS congress, Sep. 2012, Vienna, Austria.
- 11. The relationship between COPD assessment test (CAT) scores and severity of airflow obstruction in stable COPD patients. Poster presentation, ERS congress, Sep. 2012, Vienna, Austria.
- 12. The EDD (exercise, DLco, dyspnea) index in diffuse systemic sclerosis with pulmonary fibrosis. Poster presentation, ERS congress, Sep. 2012, Vienna, Austria.
- 13. Subjective (CAT, MMRC) versus objective (PFT, 6MWD, SPO2) assessment in stable COPD patients. Poster presentation, ERS congress, Sep. 2012, Vienna, Austria.
- 14. The Early Effectiveness Of Noninvasive Positive Pressure Ventilation On Right Ventricular Function In Chronic Obstructive Pulmonary Disease Patients With Acute Hypercapnic Respiratory Failure. ATS congress, May 2016, San Fransisco, USA.

# **Interests:**

Interventional Pulmonology, Lung Transplantation, COPD.